

Beginner's Practice Template

Categories	Monday	Tuesday	Wednesday	Thursday
Technique - 5minutes	• Major Scales of C, D, E, and F with both hands • 5 minutes	• Major Scales of G, A, and B, with both hands • 5 minutes.	• Major Scales of C#, D#, and F# with both hands • 5 minutes.	• Major Scales of G#, and A# with both hands • 5 minutes.
Ear Training - 5minutes	Use the ear training exercises in the video.	Use the ear training exercises in the video.	Use the ear training exercises in the video.	Use the ear training exercises in the video.
Progression Practice - 10minutes	Key of C – From No. 1-5 of the progressions (Go to the next key after one week)	Key of C – From No. 1-5 of the progressions (Go to the next key after one week)	Key of C - From No. 1-5 of the progressions (Go to the next key after one week)	Key of C – From No. 1-5 of the progressions (Go to the next key after one week)
Repertoire - 10minnutes	Learn at least one simple song	Learn at least one simple song	Learn at least one simple song	Learn at least one simple song
Chords & Arpeggios 10 minutes	Diatonic chords in key C, D and E	Diatonic chords in key F and G	Diatonic chords in key A and B	Diatonic chords in key C# and D#

Categories	Friday	Saturday	Sunday
Technique - 5minutes	• Major Scales of all the black keys with both hands • 5 minutes	• Major Scales of all the white keys (natural keys) with both hands • 5 minutes	Rest Day
Ear Training - 5 minutes	Use the ear training exercises in the video	Use the ear training exercises in the video	Rest Day
Progression Practice - 10minutes	Key of C – From No. 1-5 of the progressions (Go to the next key after one week)	Key of C – From No. 1-5 of the progressions (Go to the next key after one week)	Rest Day
Repertoire – 10 minutes	Play all the songs in your book which you learned this week	Play all the songs in your book which you learned this week	Rest Day
Chords & Arpeggios 10 minutes	Diatonic chords in key F# and G#	Diatonic chords in key A#	Rest Day